

# A Book About Me

**Activity:** Children will use construction paper and markers to create a book about themselves.



## Objective

Children will develop a sense of identity and self-awareness.

## Targeted Standards

### III. Social and Emotional Development

**III.D.4** Develops sense of self-awareness and independence

**Benchmark a:** Uses words to communicate personal characteristics, preferences, thoughts and feelings

**Benchmark c:** Uses words to demonstrate knowledge of personal information

[http://www.floel.org/standardsresource/standards.html#d=III&a=four\\_year\\_olds](http://www.floel.org/standardsresource/standards.html#d=III&a=four_year_olds)

## Checking for Understanding

Children will demonstrate their understanding of the lesson by, choosing information to include in their book and illustrating the pages.

## Scaffolding

Assist the children in choosing and answering questions as necessary.

## Extensions

- Display all the books in the classroom and invite parents to come and read them with the “authors.”
- Invite children to find things they have in common with friends in the class.
- Read books such as: *I Like Myself!* by Karen Beaumont, *Incredible Me!* by Kathi Appelt, and *I like Me!* by Nancy Carlson. Ask the children to identify something they like about themselves.

## Materials Needed

Markers

Construction paper

Hole punch

Scissors

Photo of each child

Glue stick

Scraps of ribbon, craft paper, rickrack, etc.

Yarn

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## Procedures

1. Talk to children about the qualities that make them unique or different from others in a special way (i.e., freckles, curly hair, abilities, etc.).
2. Invite children to make a book about themselves. Ask them what they would like others to know. Assist them in choosing 4 or 5 questions to answer (see suggestions below).
3. Write their answers on the bottom of the pages and ask them to draw corresponding illustrations. Encourage them to use collage materials.
4. Take a picture of each child and print it out for the cover of the book.
5. Guide the child to punch 3 holes on the left edge of the paper and help them bind the pages together with yarn.
6. Read one or two books to the class each day until they have all been read. Encourage the children to ask the “authors” questions.

### Suggested Questions

- I am \_\_\_ years old.
- I have \_\_\_ eyes, and \_\_\_ hair.
- My favorite color is \_\_\_.
- My favorite book is \_\_\_.
- I like to play \_\_\_.
- I like to eat \_\_\_.
- There are \_\_\_ people in my family.
- I have \_\_\_ pets, their names are \_\_\_.
- It makes me happy when \_\_\_.
- Sometimes I get sad because \_\_\_.
- I am proud that I can \_\_\_.
- Someday I will \_\_\_.