Be A Buddy, Not A Bully Bookmarks

Activity: Children will discuss bullying and make anti-bullying bookmarks for the local library.

Objective

Children will recognize bullying behavior and participate in an anti-bullying service project.

Targeted Standards

III. Social and Emotional Development
III.C.2.c. Responds appropriately to bullying behavior
http://www.floel.org/standardsresource/standards.html?d=III&a=four_year_olds

Materials Needed

- Construction paper (cut into bookmark sized strips)
- Markers (to decorate the bookmarks)
- Hole punch (to punch a hole in the top of the bookmark for the tassel)
- Mini tassels or yarn (to thread through the hole)
- Glue sticks (to glue the message onto the bookmark)
- Copies of the message, “Be A Buddy, Not A Bully” (to glue on each bookmark)
- Children’s scissors (to cut out the messages)
- Chart paper (to make a list of ways to be a good buddy)
- Book about bullying

Checking for Understanding

Children will demonstrate understanding of this lesson by answering questions about the book, listing ways to be a good buddy, and creating bookmarks for the local library.

Scaffolding

Help children understand bullying by providing scenarios and asking them to decide whether or not someone is being a bully. For example, “Carlos accidentally steps on Jayden’s toe while getting up from circle time. Is it bullying?” “Emma doesn’t like Ana so she knocks down her block tower on purpose. Is it bullying?”

Extensions

- Add simple illustrations to the “Good Buddy” list and display it in the classroom. Refer to it often and encourage the children to find new ways to be a good buddy.
- Provide several age appropriate books about bullying.
- Encourage children to use puppets to act out ways to be a good buddy and respond to bullying.
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Procedures

1. Read an age appropriate book about bullying to the class, some suggestions are: Llama Llama and the Bully Goat by Anna Dewdney, Chester Raccoon and The Big Bad Bully by Audrey Penn, and Lucy and The Bully by Clair Alexander. Ask questions such as: “Who was getting bullied?” “How do you think they felt?” “Who was doing the bullying?” “Was anyone watching as the bullying happened?” “How did the bullying stop?”

2. Discuss the importance of being kind to others and invite children to be “good buddies”.

3. Invite the children to help create a list of ways to be a good buddy (i.e., share, take turns, smile, ask someone to play, etc.) and write their suggestions on chart paper.

4. Encourage the children to spread the message to be a buddy not a bully by creating bookmarks and sending them to the local library.

5. Provide the materials and show the children how to assemble the bookmarks. Explain that you will take them to the local library so others will hear the important message.