

# Our Favorite Foods

**Activity:** Children will explain how to prepare their favorite food as the teacher writes down their exact words.



## Objective

The children will use appropriate language to explain how to prepare their favorite food.

## Targeted Standards

### IV. Language and Literacy

IV.E.3.b. Demonstrates knowledge of verbal conversational rules (e.g., appropriately takes turns, does not interrupt, uses appropriate verbal expressions, and uses appropriate intonation).

[http://www.floel.org/standardsresource/standards.html#d=IV&a=four\\_year\\_olds](http://www.floel.org/standardsresource/standards.html#d=IV&a=four_year_olds)

## Procedures

### Lesson

1. Explain to the children that you will be asking them to tell you how to make or cook their favorite food. Ask them to try and think of one food that they enjoy eating more than any other food.
2. In a one-on-one setting or with a small group, ask each child the following questions:
  - What is the name of your favorite food?
  - How do you make or cook your favorite food? What do you do first, second, third...?
  - How does your favorite food look, smell, taste or sound?
  - How long do you have to cook your favorite food?
3. Write down exactly what the children say as they explain how to make their favorite food.
4. Repeat step two until all of the children have shared about their favorite food.

## Materials Needed

Paper to record child's dictation  
Pen or pencil

## Checking for Understanding

Children will demonstrate their understanding of the lesson by:

using appropriate language to explain how to prepare their favorite food.

## Scaffolding

-Prompt the children as needed to help them as they explain how to make or cook their favorite food.  
-Record what the children say as they explain how to make or cook their favorite food.

### Extensions

-Make a cassette recording of someone reading the class cookbook, and be sure to include page turning signals.  
-**Reading/Literacy:** Place a copy of the class cookbook on the bookshelf.  
-**Listening:** Add a copy of the class cookbook and the cassette recording.  
-**Art:** Allow the children to illustrate the cookbook by drawing a picture of their favorite food.